

## **The H.E.A.R.T. approach: a toolkit for adult educators and for other front-line workers working with young people.**

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The motive of the workshop is to inform participants about a relational model that emerged for professionals working on the frontline, towards young people's potential. The model emerged from findings in the study presented at the expo (2023) concerning a student-centered pastoral mindset when working with the young.

The participants will leave the workshop empowered to engage with the personal stories of students as they bring them into the classroom and other settings within the educational institution, in cases where it may be required of students to share their personal stories, past incidents, concerns, or important moments of their life. Through this model, adult educators/front-line workers will be equipped to respond to the emerging data in a constructive way.

This model serves as an additional tool in the formal education milieu, but also for any other scenario where a professional is required to structure sometimes sensitive data when working with young people and to construct a course of action.

This workshop is suitable for lecturers such as those teaching Individual Social Responsibility and Community Social Responsibility, mentors in the Level 1 and Level 2 programs, pastoral workers in the chaplaincy service of MCAST, and any other professionals working with young people. This tool is of value to be used with an individual or also in group work, where a richer understanding of student's voices is sought. This method is applied in a systemic and systematic way.

From the study, the latest trends in working with young people, and current practices emerged, from which the H.E.A.R.T relational model for pastoral work with young people has been constructed.